

# Dover Council on Aging Board Minutes

Tuesday, January 7, 2020

Present: B. Cocks, J. Connolly, M. Dilg, P. DiSanto, B. Hagan, C. Johnston, G. Wise

Staff: J. Claypoole

Guest: Justine Kent-Uritam, Open Space Committee

Meeting called to order at 9:30 a.m.

## Secretary's Report

A motion was made by B. Cocks and seconded by B. Hagan to approve the November 5, 2019 Minutes. All in favor. A motion was made by B. Hagan and seconded by B. Cocks to approve the December 20, 2019 Minutes. All in favor.

## Treasurer's Report

The January 2, 2020 Treasurer's Report, COA Revolving Fund – Activities/Transportation FY2020, Formula Grant FY2020, Friends of COA Expenses 2019 and FY2020 COA Gift Fund Expenses by Room Reports were distributed. The Treasurer's Report balance is \$30,885.75 and total expenses are \$6,509.75. The Revolving Fund-Activities/Transportation Report balance is \$15,427.30 and the Formula Grant balance is \$7,464.47. Friends of COA Expenses 2019 were \$9,898.82 and FY 2020 COA Gift Fund Expenses by Room were \$9,940.20. A motion to accept the January 2, 2020 Treasurer's Report was made by B. Cocks and seconded by J. Connolly. All in favor. M. Dilg inquired as to the current balance of the Gift Fund. J. Claypoole replied approximately \$45,000.00.

Director's Report – J. Claypoole reported on the following:

- COA is working with Board of Health to utilize Public Health Nurse for programs beyond monthly blood pressure checks. Alyssa Kaiser, Natick Walpole Visiting Nurses Association's Public Health Nurse, is writing articles for our newsletter. COA and BOH will partner on 3 seminars in 2020 with Public Health Nurse. First session will be in February on "How to Beat the Winter Blues" at Caryl Community Center.
- COA is partnering with Wingate Healthcare for a class on "Healthy Cooking" to be held at Grace Church on February 25. COA will plan to offer healthy cooking programs three times per year using chefs from local facilities. J. Connolly mentioned that New Pond/Benchmark might be willing to sponsor a seminar but at their facility in Walpole.
- The Norfolk District Attorney's office is sponsoring a seminar, "Are You Prepared?" which will be held on January 13 with emergency back pack kits distributed and Mass. Emergency Preparedness Coordinator as speaker.
- 2Sisters Senior Living Advisors will present workshop in March on Understanding Senior Living Options and Costs.

- Nutritionist and Wellness Expert Tricia Silverman was awarded a Dover Cultural Council grant to hold program at COA entitled Wellness and Weight Loss Secrets from Around the World. It will be held in March at Caryl Community Center.
- Two intergenerational programs, Tech Support on January 28 and Game Day! On February 6 will be offered in partnership with the Dover Sherborn High School Community Club.
- COA is offering Office Hours with Assessor Amy Gow on a monthly basis starting January 13. She will be available to meet with residents to answer any questions on property or excise taxes. A flyer listing these meeting dates was distributed.
- Citizen Rich Garron stopped in COA office to share information on citizen petition for an Article on Town Warrant for a traffic study due to time changes for Chickering School in Fall 2020. A local group called D-CASST wanted to alert seniors about this issue and the proposed warrant article.

### Old Business

- COA Budgets FY 2021 – J. Claypoole reported the FY 2021 COA Budget is part of the Selectmen’s Budget and will be presented to the Warrant Committee on January 15. Town Administrator, Chris Dwelley, will present the budget. The FY 2020 Formula Grant was approved and accepted by the Selectmen. The Senior Tax Relief presentation will be at this Thursday’s Selectmen’s meeting on January 9.
- Caryl Community Center: COA Space Improvements – J. Connolly reported that a desk/table will arrive next week which will be placed against the back wall in Room 116. A coffee table and art work are also coming. We are looking for iconic pictures of Dover over the years. Dave Stapleton has offered to share his pictures. B. Cocks suggested contacting the people responsible for pictures in the Town Report. J. Claypoole reported she met with Office Gallery regarding modular walls and workstations for staff. To date, she has received a quote of \$6,500.00 which includes a significant discount.
- Senior Tax Relief – J. Claypoole reported that Senior Tax Relief is a priority for the Selectmen and part of the Goals for FY2020. COA and Assessor created a one-page document (both sides) to share with the community. The front page lists all the Senior Tax Relief programs currently in place and the back page will have the definitions. We are still in the process of exploring what other communities offer to share with Selectmen. A draft of this document was distributed.

### New Business - None

### Ongoing Business

- Chairperson’s Report – C. Johnston provided an update on a procurement card. Town Administrator C. Dwelley indicated that obtaining this is a more in depth process than originally thought and the Selectmen will need to develop a policy. The COA may now request checks from the Town to pay for tickets in advance of events until the procurement card is available.

- BayPath Elder Services Report – There was no report.
- Travel Committee Report – C. Johnston distributed a Travel Committee Update. The March ballet trip is cancelled because all the tickets are sold out. We will try earlier next year to obtain tickets. The trips sell out quickly. J. Claypoole will meet with Westwood COA to discuss trips that we can take together.
- Friends of COA – G. Wise reported the Friends are in the process of their membership drive. The next Friends of COA meeting is in February. The Friends have authorized \$10,000.00 for the COA's discretionary fund for FY 2020. The Friends current bank balance is approximately \$30,000.00. The Lifetime Learning classes need audio visual equipment for their programs at Caryl Community Center.
- Board Member Items – J. Connolly reported that she was contacted regarding if the COA has a list of people who can come into residents' homes to help. J. Claypoole replied that the COA does not maintain a list of private pay people.

P. DiSanto asked what is the Memorial Plaque? G. Wise explained the reason for the plaque.

**Citizen Comments** – J. Kent-Uritam began by stating that she is on the Water Committee as well as the Open Space Committee. The BOH has sunk 17 wells in order to obtain a base line over a period of five years. The water quality tests indicate the water is fine with the exception of salt. She provided an update on Hale Reservation's capital endowment plan. Hale Reservation has a variety of issues including housing. They have the option of selling 150 acres of land or placing a conservation restriction on it. Hale Reservation plans to go Town Meeting to ask for \$10,000,000.00 to place a conservation restriction on 150 acres of land. A committee has been formed to work on this. This will have an impact on Dover's taxes. A sub-committee working group has been formed under the Planning Board to provide a variety of housing options.

### **Adjourn**

A motion to adjourn was made at 11:10 a.m. by B. Cocks and seconded by J. Connolly. All in favor.

Respectfully submitted,

Maureen Dilg  
Secretary