

**Dover Council on Aging Board Minutes
Tuesday, October 4, 2016**

PRESENT: J. Connolly, M. Dilg, B. Hagan, G. Thisse

Staff: J. Claypoole

Guests: R. Cocks, C. Hughes, Selectman C. McCann, M. Schmid, G. Wise

Meeting called to order at 10:10 a.m.

Secretary's Report

A motion to accept the September 6, 2016 Board Minutes was made by M. Dilg and seconded by G. Thisse. All in favor.

Treasurer's Report

- The October 3, 2016 Treasurer's Report was distributed. The balance was \$27,847.20. A motion to accept the September 6, 2016 Treasurer's Report was made by M. Dilg and seconded by G. Thisse. All in favor.

Old Business

- COA Senior Bus – Guest: Craig Hughes, Highway Department -- J. Claypoole and C. Hughes discussed the meeting they had with the MWRTA regarding the senior bus. The MWRTA contract ended on June 30, 2016 and was not renewed. Since Dover's seniors only used the bus once in 2016, the MWRTA would like the bus returned to them.

In place of the bus, the MWRTA has offered Dover seniors and disabled Dial-A-Ride. This is a shared ride with other seniors and will run Monday through Friday from 7:00 a.m. to 5:00 p.m. There will be no charge for the use of this service. Riders will need to call the MWRTA Call Center 2 days in advance to schedule a ride. This service is only available within the MWRTA's member towns. Seniors will still be able to use JFK for their transportation needs including medical rides to Boston. A motion was made by G. Thisse to allow C. Hughes to request the Selectmen to return the van to the MWRTA and convert to Dial-A-Ride. Motion was seconded by J. Connelly. All in favor.

Discussion then took place on promoting this new service. C. McCann suggested promoting this ride for Election Day if this service is in place by then. If not, promote the use of JFK Transportation for Election Day in order to make it easy for seniors to vote.

- Outreach Letter – M. Dilg stated she and J. Connelly thought the Outreach letter should not be mailed to seniors until the new Board members were appointed and their names could appear on the bottom of the letter. After discussion, it was decided to place the Outreach letter on the February 2017 COA agenda for approval and mail it to seniors in April. J. Claypoole suggested adding an enclosure outlining the COA programs.

New Business

- There was no new business.

Ongoing Business

- Chairperson's Report – There was no Chairperson's Report.
- Director's Report – Our Volunteer Coordinator, Andria DeSimone, began work on September 8. Programs beginning in October are Yoga, Meditation and Zumba Gold. A new program, Chair Yoga, will begin a six-week trial. Moveable Feast lunches began in September and October's lunch will be held at St. Dunstan's Church. The Thanksgiving luncheon will take place on November 15th. October 15th is the deadline for applications for the Tax Write Off program. M. Dilg volunteered to be on the Tax Write Off Committee. J. Walsh will be asked to be on the committee. J. Claypoole will attend the MOCA Conference at the end of October along with Nan Vaida who will attend for one day. A motion was made by J. Connolly and seconded by G. Thisse for J. Claypoole to attend the MOCA Conference. All in favor.

CMAC – M. Schmid reported the Caryl Community Center ("CCC") bathroom project is on time and expected to be completed by November 15th. There will be some items on the punch list. The carpeting, hearing aid loop system and painting for Room 108 is on K. Warnick's' CCC maintenance list. The payment for the hearing aid loop system was received from the Friends of the Dover Council on Aging. The fiscal year 2018 Capital Budget item for the \$20k air conditioning system for Room 108 is in the budget. The parking lot will be expanded and paved. Discussion took place regarding people parking in the Fire Lane at the rear of the building. C. McCann suggested that signage could be added stating "15 minutes parking drop off only." The CCC will need to be ADA compliant by FY 2019.

The Friends of the COA have requested that an Assisted Emergency Defibrillator be installed in the Council on Aging room at the CCC. This is a small portable unit with a cost of \$1,200.00. This item has been put out in the CMAC budget to FY 2019. M. Dilg expressed her personal distress as well as the Friends distress that this item has been delayed until FY 2019. As Board members stated, this is not only a safety issue but a

possible liability issue for the town. R. Cocks suggested that the request be made anyway.

- Travel Committee Report – J. Claypoole reported that thirty-two people went on the Friesians of Majesty trip to Vermont. Both the Norwood Theatre and Montreal trips were well attended. Transportation for these 3 trips was subsidized by the Friends of the Dover Council on Aging. The following planned trips were outlined: North Shore Music Theatre, Peabody Essex Museum, Glass Flowers Exhibit at Harvard Museum, Festival of Trees at Elm Bank and Colonel Blackinton Inn in Attleboro.
- Bay Path Report – G. Thisse reported that Bay Path's Annual Meeting was cancelled. Bay Path won a national award for a housing model.
- Board Member Items – M. Dilg asked Board members for their input for a sign above the pictures that will be placed on the wall outside the COA room. Following are the recommendations to date: Time Travelers, A Touch of Pride, Fourth Quarter, Silver Tsunami and Silver Wave. This topic will be discussed at next month's Board meeting.

M. Dilg stated she would like to discuss the possibility of the COA beginning a Strategic Plan when all new members have been appointed. The Town of Natick's COA has begun working on a Strategic Plan with the assistance of Score 55. J. Claypoole stated that she would need to talk to the Selectmen's office to discuss how this would need to be set up since we are a municipality. We must find a way to reach out to seniors who are not aware of our programs or of how we assist seniors in Dover. A suggestion was made to reach out to schools and have programs with them. Seniors should interact with children. In the past, the COA has had intergenerational programs.

- Friends of COA – M. Dilg reported the October Jazz Brunch will be held on October 23. Selectman C. McCann will be our Honorary Co-Chair along with Rep. Denise Garlick.
- Citizen Comments – There were no citizen comments.

Adjourn

A motion to adjourn was made by G. Thisse at 12:00 p.m. and seconded by J. Connolly. All in favor.

Respectfully submitted,

Maureen Dilg
Secretary