

Dover Council on Aging Board of Director's Meeting
January 23, 2013

Attending: Betty Hagan, Alice Baranick, Jeanne Gavrilles, Maureen Dilg, Barbara Murphy, Jane Hemstreet, Lou Theodos, Cara Groman

Staff: Janet Claypoole, Nancy Simms

Guests: Jack Walsh, Joe Devine

Called to order at 9:35AM.

Use of Caryl Community Center: General discussion of moving the Council on Aging offices to the Caryl Community Center (CCC). Strong sentiment that this should be viewed as an interim move, which while an improvement over the Town House, does not truly meet the needs of Dover's seniors. Given that the time frame for designing and building a dedicated space for seniors is as much as 5- 8 years away, this interim step will give us a more contiguous space for the activities that are currently spread out over many locations.

Joe Devine, CMAC representative reported on CMAC meeting.

Board discussed rationale for moving to Caryl Community Center.

Positive Points:

- Improved conditions for Director and staff.
- More privacy for dealing with individuals needing supportive consultations
- A separate room for nurse/physician and SHINE counselor visits
- Having more storage for supplies for activities and luncheons
- Housing of existing programs and more control over scheduling additional programs as the need and budget allow

Concerns:

- Access to the building, need for additional disabled parking out front
- Renovation of back stairs (new rubber treads with brighter colors)
- Additional storage rooms so that all items currently stored at the Town House can be accommodated
- Safety issues for seniors -- handrails, lighting, etc.
- Security access to Director's office - "buzzer"
- After viewing the rooms, concern for the asbestos covered piping in the office area off of Art room.
- Air conditioning and heating concerns
- Bathroom stalls may need to be upgraded.
- Concern for floor tile in hallway which is slippery when wet.

Motion Made by Jane Hemstreet to create a committee of three people to make a formal request to the CMAC for space in the Caryl Community Center. Seconded by Cara Groman. So voted: Betty Hagan, Janet Claypoole, and Joe Devine agreed to serve. CMAC meets March 6th and committee hopes to have request complete by that date.

Discussed need for professional assistance in analyzing the space most efficiently. Nancy Simms to ask local architect who may volunteer her time to meet with the committee to review the space.

Discussed transition and scheduling for activities; Senior Coffees, Teas; Chi Gong; Fitness classes; Blood Pressure Clinics, Painting class, Crafts, etc.

A discussion was held on possible candidates for joining COA. COA staff will contact names suggested.

Motion Made: by Jeanne Gavrilles to write a letter to the Selectman formally requesting exclusive use of specific space within the Caryl Community Center. Alice Baranick seconded. Motion passed.

The following is a list of the rooms requested for use by COA:

- 1) the Blue room, coat room area, and storage closet
- 2) the Art Room and three adjoining offices
- 3) the 2 storage rooms contiguous to the Art room
- 4) Hall way space configured for storage cabinets and coat racks
- 5) Improved and increased spaces for disabled parking

Suggestion that committee members give serious thought to what we need to make this interim space as safe and comfortable for Seniors before submitting our final requests to the Selectman.

Meeting adjourned at 11:30AM as the space was designated for Chi Gong.

Respectfully submitted,

Cara Groman

Acting Secretary