

Council on Aging Board Meeting Minutes
Tuesday, June 5, 2012

PRESENT: A. Baranick, B. Hagan, J. Hemstreet, B. Murphy, M. Dilg, E. Bouldry,
P. McChesney, L. Theodos, J. Gavrilles

STAFF: J. Claypoole

GUESTS: J. Melican, Selectman, J. Panek, C. Haddleton, Michele & Paul Kelleher

Meeting called to order at 10:00AM

- A motion to accept May's minutes made by B. Murphy and seconded by P. McChesney. All in favor.
- A. Baranick, read the Treasurer's report. A motion to accept was made by L. Theodos and seconded by B. Murphy. All in favor

Old Business

- **Van** – M. Dilg reported that she and J. Claypoole met with J. Melican, the Town Administrator & Assistant Town Administrator. One more meeting will be scheduled with the MWRTA. A decision will be made on whether the Town will join the MWRTA by September.
- **Senior Center Update** – M. Dilg & B. Hagan made a courtesy visit to the Trustees of the Dover Library for an informational session on lands available in Dover for a senior center.
- **Senior Needs Luncheon** -- M. Dilg from the Senior Needs committee reported that the luncheon was heavily advertised and approximately 70 people had signed up. The program will focus on wheelchair accessible transportation and a senior center needs program. These will be presented by M. Dilg and J. Walsh along with a slide presentation. There will be a follow up question and comment session.

New Business

- **Newsletter:** J. Claypoole reported that the newsletter publisher, LPi is requiring all COAs to sign a contract that requires a charge of \$2,500 annually. The publisher was advised that next year's budget is set and there are no monies to pay this fee. New vendors are being explored and a meeting is scheduled with Senior News publications tomorrow to discuss the situation. M. Dilg suggested that the COA get emails from all seniors interested in having newsletter emailed. An announcement will be placed in the summer newsletter.
- **Program Fees:** J. Claypoole suggested the Council consider increasing the suggested donations to the fitness programs from \$2.00 per hourly class to \$3.00 starting in July. There are no grant funds for 2012-2013 and a survey of other COAs revealed most charge \$4 to \$5 an hour and commercial establishments much more. J. Hemstreet made a motion to increase said fees and M. Dilg seconded. All in favor. Motion passed unanimously.

Ongoing Business

- **Chairperson:** No report.
- **CMAC Report:** The CMAC Committee met on May 30th and requested that the COA provide a cover and wheels for the donated piano. COA will purchase cover this month.
- **Travel Committee Report** – a trip is planned for June 28th to Rockport to attend a rehearsal of the Boston Symphony Chamber Players at the Shalin Liu Performance Ctr. A meeting will be scheduled with the Sherborn COA to arrange some fall trips.

- **Director's Report** – J. Claypoole reported:
 - **Volunteer Coordinator Grant:** position was posted in May. Only one application received and per Board of Selectmen's office recommendation, the deadline for applications was extended to June 15. Board members Lou Theodos, Barbara Murphy, and Betty Hagan will assist with interview process.
 - **Yoga Program:** As there are no grant funds for Yoga class this year, the program is being restructured to include adults of all ages. Gentle Yoga is perceived as a class for frail elders, which it is not. In consultation with Yoga Instructor, it will be called *Yoga for Wellness* and those over and under age 60 are invited to participate, with a higher fee for those under 60. New class will start in September. Yoga only Wed mornings in July and no Yoga in August as no air conditioning in Caryl Community Ctr.
 - **Grants:** Grant submitted to BayPath Elder Services on June 1st for continuation of Volunteer Coordinator Special Project. Grant with Holliston & Sherborn COAs being submitted to Fallon Healthcare for Fall Prevention. Art Class funded by Foundation of Metrowest grant continues to meet Thursdays and classes are doing well. Formula Grant rate is not finalized as MCOA is advocating for rate restoration to \$7/elder by legislators.
 - **Volunteer Luncheon:** To be held at Grace Church in one week (June 12th). Catered by Guido's. Please RSVP if have not done so.
 - **Summer Activities:** Ice Cream Social Lunch in July in Fireside Room on July 10th; Annual Picnic at Powisset Farm with Sherborn COA on Friday, Aug. 3rd. "Teago" tea (bingo) in August in Fireside Room on Tues Aug 14th.
 - **Leak in COA Office:** Water leak has been repaired. Ceiling is still cut out with plastic covering.
 - **May Statistics:** 151 Seniors/Caregivers contacts made to COA office. 82 Healthcare Professionals/agencies contacted COA office, and 81 senior outreach visits conducted by Outreach Worker.

- **Board Member Items** –
 - B. Hagan reported that a name was submitted to fill the vacancy on the COA Board. Member terms expire on June 30th and terms are staggered. She requested members bring suggestions to next Board meeting for discussion. B. Murphy distributed invitations to all present to the Lawn party & requested attendees bring a chair. B. Hagan stated J. Quinlan volunteered to play the piano and lead a sing along.
 - **Friends of the COA:** J. Panek reported the Friends have been lining up sponsors for the Jazz Brunch. M. Kelleher is organizing the Lifetime Learning lecture series. The Friends will have a booth at Dover Days Fair and the membership drive has brought in new members. The new website is up and running.
 - **Citizen Comments:** None.

A motion to adjourn was made by B. Murphy at 11:30 and seconded by J. Hemstreet. All in favor.

Respectfully submitted,

B. Murphy
Acting Secretary