

SPRING 2017 DOVER LIFETIME LEARNING CLASSES

Sponsored by Friends of the Dover Council on Aging with support of Dover COA

- ◆ **Poetry Meets Psychology** *John Kearns, PhD. Dr. Kearns has a PhD from Northeastern University and is a published poet. Cost: \$35*
Mondays, 10:30am - 12:00pm, April 24, May 1, 8, 15. Classes meet at Caryl Community Ctr, Room 108
Life's major issues are viewed through lenses of both poetry and psychology. Topics include personality, hope, darkness, love, death, and spirituality. Participants may bring in poems and input is appreciated.
- ◆ **The Federal Reserve System: Functions & Challenges** *Lynn Browne was Executive Vice President and Economic Advisor at the Federal Reserve Bank of Boston. Cost: \$35*
Tuesdays 10:30am-12:00noon, April 4, 11, 18, 25. Classes meet at Caryl Community Center, 2nd Floor
This course examines how the Federal Reserve carries out its responsibility as central bank of the USA.
- ◆ **"Fun with the Ukulele"** *continues with Instructor Daniel Metraux. Cost: \$40 per 8 week session*
Wednesdays:12:30 - 1:30pm. Classes meet at Caryl Community Center, Caryl Room, 2nd Floor
Session 1: February 8 - March 29
Session 2: April 5 - May 24
Bring your own ukulele or buy or rent one at Needham Music. New students welcome!
- ◆ **Needlepoint with Nan - Beginning & Intermediate** *Nan Vaida trained at Pratt Institute & Museum of Fine Arts. She is also an RN and Outreach Worker for Dover COA. Cost: \$35*
Wednesdays: 1:00-2:20pm, April 26 - May 3, 17, 24. Classes meet at the Caryl Community Center, Room 116
Learn a variety of stitches. Materials supplied; please bring embroidery scissors if you have them.
Challenge yourself and learn something new!
- ◆ **The Importance of Water Conservation: Are Our Wells Still Viable?**
Wednesdays 10:30am-12:00Noon, April 26, May 3, 10, 17. Classes meet at the Dover Library Community Room and in home garden. Cost: \$35
Different speakers will lead each session. Topics are Your Drinking Water, Dover's Water Resources, Outdoor Use and Drought Tolerant Plants.
- ◆ **Socrates and His World** *Maud Chaplin, Professor Emeriti from Wellesley College*
Thursdays, 1:30 - 3:00pm, April 6, 20, May 4, 18 at Dover Library Community Room Cost: \$35
Socrates never wrote a book, taught in a university, or headed a think tank. He is credited with creating the "intellectual and moral tradition by which Europe has ever since lived." We will look at Socrates in his time and see why he was a thinker for all time. Short readings and ample discussion.
- ◆ **Traitors in History** - *Gary L. Hylander, PhD, Boston College, is an independent scholar who specializes as a presidential historian and is well known in the Boston area. Cost: \$35*
Fridays 10:30am - 12:00noon, May 5, 12, June 2, 9
Tokyo Rose, Benedict Arnold and others will be depicted with Gary's usual "colorful" style.

Ukulele Classes cost \$40.00 per series, all other classes are \$35.00 per series. Stop by the COA Office, Library or Churches and pick up a brochure or download from the Friends website at www.coafriends.org. Registration and payment forms may be mailed to PO Box 250 or dropped off at the COA office.

