

DOVER COA - AUGUST 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>NO PICKLEBALL IN AUGUST</p> <p>NO ZUMBA GOLD IN AUGUST</p>	<p>NO YOGA OR MEDITATION IN AUGUST</p>	<p>1</p> <p>10:00am Ukulele- Caryl, Room 108</p> <p>11:30 -Qi Gong Caryl, Room 108</p>	<p>2</p> <p>11:30am Strength & Stability - Caryl, Room 203</p> <p>12:00Noon - Picnic at Powisset Farm</p>	<p>3</p> <p>10:00am Bocce at Medfield COA</p>
<p>6</p> <p>11:30am Knitting - Caryl, Room 108</p> <p>5:30pm Qi Gong- Library Community Room</p>	<p>7</p> <p>9:00am Strength & Stability - Caryl, Room 203</p> <p>NO COA LUNCH IN AUGUST</p>	<p>8</p> <p>11:30 -Qi Gong Caryl, Room 108</p>	<p>9</p> <p>10:00am Blue Moon -Caryl Room 116</p> <p>11:30am Strength & Stability - Caryl, Room 203</p>	<p>10</p> <p>10:00am Bocce at Medfield COA</p>
<p>13</p> <p>10am - Cardmaking - Caryl, Room 108</p> <p>11:30am Knitting - Caryl, Room 108</p> <p>5:30pm Qi Gong- Library Community Room</p>	<p>14</p> <p>9:00am Strength & Stability - Caryl, Room 203</p> <p>NO MOVEABLE FEAST LUNCH IN AUGUST</p>	<p>15</p> <p>11:30 -Qi Gong Caryl, Room 108</p>	<p>16</p> <p>10:00am Blue Moon -Caryl Room 116</p> <p>11:30am Strength & Stability - Caryl, Room 203</p>	<p>17</p> <p>10:00am Bocce at Medfield COA</p>
<p>20</p> <p>11:30am Knitting - Caryl, Room 108</p> <p>5:30pm Qi Gong- Library Community Room</p>	<p>21</p> <p>9:00am Strength & Stability - Caryl, Room 203</p> <p>NO CIRCLE OF FRIENDS LUNCH IN AUGUST</p> <p>Gloucester Cruise</p>	<p>22</p> <p>11:30 -Qi Gong Caryl, Room 108</p>	<p>23</p> <p>11:30am Strength & Stability - Caryl, Room 203</p>	<p>24</p> <p>10:00am Bocce at Medfield COA</p>
<p>27</p> <p>11:30am Knitting - Caryl, Room 108</p> <p>5:30pm Qi Gong- Library Community Room</p> <p>Charles River Cruise</p>	<p>28</p> <p>9:00am Strength & Stability - Caryl, Room 203</p>	<p>29</p> <p>11:30 -Qi Gong Caryl, Room 108</p>	<p>30</p> <p>10:00am Blue Moon- Caryl Room 116</p> <p>11:30am Strength & Stability - Caryl, Room 203</p>	<p>31</p> <p>10:00am Bocce - The Center at Medfield</p>