

Council on Aging Board Meeting Minutes
Tuesday, September 6, 2011

PRESENT: A. Baranick, E. Bouldry, Maureen Dilg, J. Gavrilles, B. Hagan, J. Hemstreet, B. Murphy, P. McChesney, L. Theodos

GUESTS: J. Stuart, Warrant Committee's representative to the COA Board

STAFF: J. Claypoole

Meeting called to order at 11:05 AM

- A motion to accept the July minutes was made by J. Hemstreet and seconded by B. Murphy. The motion passed unanimously.
- A motion to accept the August minutes was made by J. Gavrilles and seconded by B. Murphy. The motion passed unanimously.
- A. Baranick presented the Treasurer's Report. A motion to accept the Treasurer's Report was made by L. Theodos and seconded by B. Murphy. The motion passed unanimously.

Old Business

- No additional information on a Van for Seniors.
- Senior Center Update B. Hagan reported that Cheney Engineering stated wetland delineation is being done. Discussion was held regarding history of steps taken and shared with Warrant Representative, J. Stuart. Discussion was held on process of Senior Center going forward.

New Business

- Election of Officers: B. Hagan reported that Vice Chair position was not filled at July elections. Motion by B. Murphy to nominate and elect Lou Theodos as Vice Chair of Board. Seconded by A. Baranick. Motion passed unanimously. Secretary position is still unfilled. Board will rotate secretarial duties. M. Dilg volunteered to take the minutes of the October meeting.
- COA Response to Tropical Storm Irene: J. Claypoole reported COA contacted many seniors for support and to check in after storm. Many came to Town Hall with 3+ days of power loss and to charge cell phones or computers. C. Sheridan made additional visits to assure townspeople were safe. COA hosted a Survivor's Luncheon at Town Hall on Wednesday Aug 31st for seniors; had over 20 attend. The Selectmen have posted a letter on the Town Website to inform citizens of Town's responses to storm and thank key town employees, including Carl Sheridan of COA. It was noted that the COA has a good rapport with the Police Department and well-checks were conducted on isolated seniors per COA request.
 - A. Baranick stated the storm luncheon which J. Claypoole organized was appreciated and the Board thanked J. Claypoole for providing this opportunity for many to gather and talk about their storm experiences.
 - J. Claypoole stated that due to storm issues and senior concerns, Dover Police Chief Peter McGowan was invited to speak at the October

Luncheon on Preparing for Emergencies to share info on the Town's responses to this storm and address any concerns of the seniors. L. Theodos suggested inviting Deputy Fire Chief D. Tiberi as well.

Ongoing Business

- **Chairperson Report:** B. Hagan thanked M. Dilg for volunteering to be a member of the COA Board and thanked Powisset Farm for hosting the annual picnic of Dover & Sherborn COAs. B. Hagan also stated she and S. Sheridan met with new Salvation Army representative regarding fuel assistance.
- **CMAC Report:** A COA Representative is still needed for this Committee.
- **Travel Committee:** J. Gavrilles reported trip planned to Peabody Essex Museum with lunch at Gloucester House on Friday, October 14th. The cost is \$55. On Friday, December 2nd a trip is planned to view Mass Hort's Festival of the Trees at Elm Bank followed by lunch at the Sherborn Inn. The Lake Winnepesaukee August trip was canceled due to inclement weather from Tropical Storm. On October 12th the Sherborn Inn is presenting a magician at their Wednesday lunch.

Director's Report

J. Claypoole reported that:

- Award Notification received regarding Grants from BayPath Elder Services. Received \$1,500 for Gentle Yoga, \$3,000 for Volunteer Coordinator, no funding for Medication Management or Caregiver Education.
- Other grants submitted in collaboration with Holliston and Sherborn COAs are:
 - MetroWest Community Health Care Foundation (\$8,350) for Fall Prevention Program (not funded)
 - SQ Foundation (\$6,282) for Fall Prevention Program (submitted revamped proposal to new source)
 - Foundation for MetroWest (\$4,000) Art for Elders Program.
- October Luncheon on Emergency Management Response with Police Chief McGowan will be cosponsored with TRIAD. TRIAD Meeting is this month, Sept 22nd in Fireside Room.
- Spirituality lunches start again. Scheduled for October and December and still arranging 2012 lunches.
- September 13th luncheon will be a presentation by the Massachusetts College of Pharmacy on Managing Medications, funded by grant from BayPath Elder Services. The September 20th meeting will be a light luncheon and feature Diane Taraz presenting Songs of the American Revolution cosponsored by the Dover Historical Society.
- Massachusetts Councils on Aging (MCOA) Annual Conference will meet in October in Sturbridge. COA Director would like to attend. The Board supported J. Claypoole to attend all days at conference.
- Gentle Yoga has moved back to Caryl Comm Ctr and relocated to Library upstairs due to termite treatment in COA Blue Room. Yoga has new times of Mondays and Wednesdays at 9:30am.
- Cultural Council Grants are due in October and requested recommendations from Board. Members requested Richard Clark return with portrayal of Atticus Finch.

- Vehicle and House break-ins have been reported by Police in Sherborn, Medway, Natick, and Framingham and to be alert.
- HS Volunteers have contacted COA for community service hours.
- There is mold growing in COA Office on window frame. Building Maintenance will clean this area.

Board Member Items:

B. Murphy noted:

- The Friends will be selling certificates for the Honey Baked Ham Store at Dover Days on Sept 10th. Also towels made by Jean Nicolazzo will be for sale.
- The American Legion Bocce court has debris from the storm piled on it and is not playable. Bocce will meet at the Medfield court until Dover court is ready.
- Croquet season has been completed and will begin again in the Spring.
- Requested we submit articles to the Sunday Globe West page if possible.
- Suggested we have a table at the Transfer Station to ask for volunteers.
- September Friday Tea theme is SuperHeroes. October Tea is a talk by Carl Sheridan.
- Considering an additional tea on first Friday of month, possibly starting in January, so not partnered with Blood Pressure Clinic.

J. Gavrilles reported that Dover will hold a September 11th Memorial Service at the Flag pole on the Common. Also, Old Home Day is October 2nd.

Friends of the COA Report:

J. Hemstreet stated:

- Friends will sell Honey Baked Hams at Dover Days.
- The COA Friends are hosting a Jazz Brunch October 30th from 11:30 am to 2:00pm at The Sherborn Inn. Tickets are \$40. Funds raised will support the COA. Please attend.

J. Hemstreet moved to adjourn the meeting. P. McChesney seconded the motion. The motion passed unanimously. The meeting was adjourned at 1:00pm.

Respectfully submitted;

Jane Hemstreet