

Council on Aging Board Meeting Minutes
Tuesday, March 1, 2011

PRESENT: A. Baranick, E. Bouldry, J. Gavrilles, B. Hagan, J. Hemstreet, B. Murphy,
J. Walsh, P. McChesney, R. Walenduk
STAFF: J. Claypoole
SECRETARY: S. Sheridan
GUESTS: C. Haddleton, J. Panek

Meeting called to order at 11:00AM.

A motion to accept January minutes made by R. Walenduk and seconded by J. Walsh. All in favor.

The Treasurer's report was read by A. Baranick. Motion to accept the report was made by B. Murphy, seconded by J. Walsh. All in favor.

Old Business

- **FY 2012 COA Budget** – J. Claypoole reported that COA presented FY2012 Budget to Warrant Committee on January 5th. B. Murphy and J. Melican attended meeting. She discussed the FY2012 Formula Grant, as Dept of Elder Affairs reports with new census figures it is estimated that towns will see a reduction in their grant monies.
- **Van for Seniors** – J. Claypoole and B. Hagan went to Sherborn to meet and share ideas about need for a van and potential sharing. Following that there was a discussion on how the Friends of the COA could help. J. Panek stated R. Panek volunteered to look into dealerships that may be willing to help. J. Claypoole reported that at the recent DUN Meeting, Directors shared that most obtained vans through grants.

New Business

- **Intergenerational Programs** – J. Claypoole reported that the seniors who attended the Intergenerational Program held after school in February at Chickering School had a good time. Another program is planned for April. She also reported that the Dover Sherborn Hockey team continued to provide outstanding community service to 11 seniors/families in Dover and Sherborn by shovelling snow from walkways.

Ongoing Business

- **Chair** – B. Hagan stated there was no Chair report this month.
- **CMAC** – J. Hemstreet reported that a water machine will be installed in Caryl Ctr.
- **Travel Committee Report** –J. Gavrilles reported that the following trips were coming up: Russian Icon Museum in April and PawSox in May. Trips considered for the future are the Shalin Liu Music Ctr in Rockport; Quechee Gorge Glass Museum; Bourne Scallop Festival and Lake Winnepesaukee Cruise.
- **Director's Report** – J. Claypoole reported:
 - The Middle School Play "Foot Loose" is Saturday, March 19th at 2PM and is offering complimentary tickets to seniors.

- St. Patrick's Day "Trivia" Luncheon is March 8th and the "Home Safety" talk with Deputy Chief Tiberi is rescheduled to March 15th. Arrangements are still being made to secure the DSHS vocal group or band for the April luncheon.
- Powisset Garden Club will lead a flower arranging class on May 2nd at 10AM in the Fireside Room.
- A series of Caregiver Classes are being planned at the Holliston COA on Mondays in April, May and June funded by a grant from Tufts Health Foundation.
- There are two evening programs planned for April for "Adults Caring for Aging Parents" at Dover Sherborn Middle School.
- J. Stapleton is assisting COA Director with publicity by creating a monthly calendar of activities which is emailed to Dover Sherborn Suburban Press and Hometown Weekly newspapers.
- The COA is exploring a grant with Holliston and Sherborn for a shared Public Health Nurse to support seniors at home.
- Sherborn COA is offering a 6-week Water Exercise Class on Friday mornings starting April 29th at the Longfellow Sports Club in Natick. Cost is \$60. Dover seniors are invited to attend.
- The past two months have seen a significant increase in calls and consultations with families and seniors regarding health issues, transportation issues, and caregiver support.
- There is still water damage and staining in the ceiling and walls in the COA Office.

➤ **Board Member Items –**

- **B. Murphy** reported on:
 1. A possible tour of a Dover Police cruiser.
 2. The COA is looking for a Croquet Set donation
 3. The Walking Group and Bocce Ball schedules are being worked on.
 4. Discussed the possibility of Walpole VNA providing a class at Tea after Blood Pressure Clinic or at COA Lunch.
 5. "Travels with Nancy" will be featured at March's Afternoon Tea, where Nancy Reynolds will share her travels in India and Beirut.
- **J. Walsh** suggested that a COA volunteer send Birthday cards to seniors. He also reported that there is a \$20 a month fee for seniors who would like to use the Westwood swimming pool.

➤ **Friends of COA Report –**

J. Panek, President of Friends of the COA reported on several fund raising events and having a table at Dover Days.

A motion to adjourn was made by R. Walenduk and seconded by B. Murphy. All in favor. The meeting was adjourned at 12:30PM.

Respectfully submitted,

Suzanne Sheridan
Secretary