

## **Council on Aging Board Meeting Minutes Tuesday, July 7, 2009**

PRESENT: A. Baranick, E. Bouldry, J. Gavrilles, B. Hagan, J. Hemstreet, P. McChesney,  
B. Murphy, J. Walsh, L. Theodos

ABSENT: R. Walenduk

STAFF: J. Claypoole

GUEST: C. Haddleton

---

Meeting called to order at 11:00 AM.

**Minutes** of June meeting were reviewed. Motion to accept minutes made by J. Hemstreet and seconded by E. Bouldry. Motion passed unanimously.

**Treasurer's report** was distributed and reviewed by A. Baranick. B. Murphy made a motion to accept the report. Seconded by J. Hemstreet. Motion passed unanimously. The Board commended A. Baranick and J. Claypoole for budget management at the end of FY2009.

### **Old Business:**

**Building Committee Report:** J. Hemstreet was commended by the Board for her work on the Committee. B. Murphy also attended Building Committee meeting. Board members discussed the COA's need for an updated kitchen and office space. J. Hemstreet reported that the boiler and air conditioning would be brought up to code. J. Hemstreet also requested strong attendance at the May 2010 Town Meeting as the Committee hopes to present four options for the future of Caryl School, although the Committee needs to seek estimates on the options.

**Friends of the COA:** The trip to Agawam COA was discussed and photos and floor plans were circulated from their recent dedication. J. Walsh met with the attorney to discuss the proposed bylaws and requested an invoice. Discussion held on roles of Friends Board members and COA Board members.

**Update on Grants:** J. Claypoole reported that the Formula Grant for FY2009 (\$5,746) was spent and the Grant for FY2010 was reinstated to \$6,188, which includes 5 hours per week for Administrative Assistant as well as funding for fitness and exercise classes. J. Claypoole also submitted grant to BayPath Elder Services for FY2010 Gentle Yoga for Seniors classes. Bay Path grant awards are announced in August. BayPath visited in June for annual site visit and the COA passed their annual audit. The BayPath grant funds are from federal Older Americans Act, which serves people ages 60 and over.

**Refrigerator:** Refrigerator at Caryl School must be replaced and COA has funds to do so. Need electrical outlet checked by building maintenance before ordering.

### **New Business:**

**Luncheon Rates:** J. Walsh made a motion to reduce the charge for all COA monthly lunches from \$5.00 to \$4.00 starting in July 2009. L. Theodos seconded. Motion passed unanimously. Persons unable to pay would be invited to attend as a guest.

**Questionnaire for Seniors:** Development of a questionnaire was discussed to help the COA offer programs to meet diverse ages. What are the 55 year olds and up interested in? COA staff will work on a survey for review by Board members.

**Director's office ceiling leak:** Leak was repaired in the spring and reopened after all the recent rain. There appears to be mold inside the opening. Building Maintenance Dept is communicating weekly with COA staff on status and workers will come next week to fix. Board members discussed that this seems to be an ongoing problem and it needs to be fixed.

### **Ongoing Business**

**Chairperson:** A question was raised on the number of Board members. B. Hagan reported that the number was raised from 7 to 11 members quite a few years ago.

**Travel Committee:** E. Bouldry reported that the Tall Ships trip bus leaves Friday, 8:15AM. B. Murphy donated a book entitled Short Trips Around Boston to the Committee. The next trip scheduled in collaboration with Sherborn COA is to the Boston Ballet's performance of "The Nutcracker" on December 11<sup>th</sup> at noon. A trip may be planned to the Mass. Horticultural Society's Boston Flower Show in March 2010. Suggestions for Fall trips are needed

**Director's Report:** J. Claypoole reported on the following:

- Contracts have been signed by JFK Transportation for medical rides, Instructors for Yoga and Exercise. Originals are on file in Town Accountant's office.
- Chickering School Fourth Graders Community Service Project raised \$200 for yoga equipment (mats). Presentation by the 4<sup>th</sup> Graders and Advisors will be in September at a yoga class.
- The Legion has invited seniors to play bocce ball at their new bocce ball field. COA is encouraging seniors to sign up and then the Legion will schedule a session with an instructor.
- This month's luncheon is next Tuesday (7/7) and is a social gathering. Board members requested that the lunch menu be posted in monthly newsletter.
- A joint picnic with Sherborn COA at Powisset Farm picnic is at noon on July 30<sup>th</sup>.
- Excess farm vegetables (donated by P. Campanis and Powisset Farm) can be distributed at luncheons and Library tea.
- Powisset Farm has requested seniors read to pre-schoolers at their monthly Storytime at the Farm on July 31, August 28, and September 25. J.Claypoole is scheduling the senior volunteers.
- No Board meeting in August.

Motion to adjourn the meeting was made at 12:55PM by L. Theodos and seconded by P. McChesney. Motion passed unanimously.

Respectfully submitted,

Barbara Murphy  
Acting Secretary