

Council on Aging Board Meeting Minutes

Tuesday, June 2, 2009

PRESENT: A. Baranick, E. Bouldry, J. Gavrilles, B. Hagan, J. Hemstreet, P. McChesney, B. Murphy, R. Walenduk, J. Walsh

STAFF: J. Claypoole

The meeting was called to order at 11:00 AM.

Minutes of the May meeting were read. After a short discussion, a motion to accept the minutes was made by J. Walsh and seconded by R. Walenduk. The motion passed unanimously.

Treasurer's report was distributed and reviewed by A. Baranick. Expenses to be posted for this fiscal year, which ends June 30th, include printing, volunteer luncheon costs, tables and chairs and two additional chairs, one for the computer lab and one for the Administrative Assistant. R. Walenduk made a motion to accept the report. P. McChesney seconded and the motion passed unanimously.

Old Business

Dover Community Center Building Committee: J. Hemstreet reported that the Committee had planned to obtain a price quote for replacing and updating the heating system and installing air conditioning. to present this quote at the 2010 Town Meeting. However, the Selectmen advised the Committee to present various building scenarios with cost estimates to the 2010 Town Meeting. The Committee and the Selectmen would then have an idea of how much Town Meeting is willing to consider spending on the building. The Committee agreed and is in the process obtaining these estimates with the help of the architect and based on the recent evaluation of the building. The board requested Jane to report to the Committee to down-play the gym and push for a kitchen.

Friends of the COA: A short meeting of the Friends Committee will meet after this meeting to review the draft of the by-laws to be given to the lawyer. On Friday, June 5th the Committee will meet over lunch with Emil Cote, a representative from the Agawam COA, for information on how their Friends group was formed and how it operates.

New Business:

Formula Grants: Submissions are due June 19th. Dover anticipates receiving \$6,188 from Massachusetts but due to state budget concerns this amount is not certain. Janet will submit three budgets for the multiyear grant to prepare for revisions; Administrative Assistant and Yoga to qualify for these grant funds. Janet will also apply to Baypath for a Yoga grant. However, we may not receive it because there is a request for a nutrition consortium which would benefit multiple COAs.

Meals on Wheels and JFK transportation needs are increasing. Also “Fish” drivers are needed.

B. Murphy suggested we provide bottled water in addition to juice at our luncheons. The Board agreed and decided to purchase large multiliter bottles and serve the water in pitchers located on the beverage tables.

The small refrigerator in the COA Caryl storage closet is failing. The Board suggested purchase of a full size refrigerator/freezer combination in this year’s budget. We will ask building maintenance if this refrigerator can be placed in the COA closet.

Travel Committee: We are using Fox Tours for our Tall Ships trip scheduled for July 10th. We will meet the bus at 8:15 am at the Town Garage. Trip to Adams Homestead in Quincy is planned for June 16th.

Director’s Report:

To date 44 persons have accepted for the Volunteer Luncheon invitations.

Sue Sheridan submitted a report of the Bay Path Board meeting she attended. It is attached to these minutes.

Transportation costs have increased due to increased requests for JFK vouchers.

There is a new director for the Chickering School Jazz Band. Janet will connect with her regarding entertainment for the seniors.

Sherborn has asked us to partner for a picnic this summer. Several locations were discussed including Boston Colleges’ Connors Center. We decided to table the idea due to time constraints.

Mary Roque, an Elder Law attorney, has offered a Legal Clinic for one-on-one meetings and advice to seniors.

The new Visiting Nurse, Lyssa Phillips, RN, has suggested a Hand Washing Clinic for the Spring and Fall.

Janet will continue to look for a Pharmacist to lead a “Brown Bag” meeting to discuss medications.

There will be no COA Board meeting in August.

A discussion followed of the funding used by the Medway COA for their building. MBTA monies charged and paid to the MBTA were partially rebated Also HUD funds and private donations were used.

The 4th Grade at Chickering School, as a Community Service Project, is raising money for mats for the COA's Gentle Yoga classes. Their idea is based on the book One Hen. Yoga Instructor R. Kerr also reported that she requires a room with two unobstructed walls for her class. The current room is adequate for the number of students currently served.

The American Legion Post in Dover has a Bocce Court and Horseshoes area which they are willing to let the COA use when no Legion activities are scheduled. This usually means mornings and early afternoons. We will advertise this offer in the newsletter.

A motion to adjourn the meeting was made by P. McChesney at 12:35 pm. The motion was seconded by E. Bouldry and passed unanimously.

Respectfully Submitted;

Jane Hemstreet