

Council on Aging Board Meeting Minutes
Tuesday, April 7, 2009

PRESENT: A. Baranick, E. Bouldry, J. Gavrilles, B. Hagan, J. Hemstreet, B. Murphy,
J. Walsh, Rita Walenduk, L. Theodos, P. McChesney
STAFF: J. Claypoole
GUEST: L. Crane, W. Baranick, guest speaker Ford Spalding

Meeting called to order at 11:00 AM.

Minutes of March meeting read and motion to accept made by B. Murphy and seconded by A. Baranick. The motion passed unanimously.

The Treasurer's report was distributed and reviewed by A. Baranick. R. Walenduk made a motion to accept the report. The motion was seconded by J. Walsh. The motion passed unanimously.

Old Business:

- **Building Committee:** J. Hemstreet spoke briefly on the progress of the Building committee. There is still a lot to be discussed and many decisions on the use of the Caryl Bldg. to be decided.
- **Friends of the COA:** Committee met and is awaiting copies of bylaws from other Friends groups. Attorney fee still needs to be paid but invoice is needed. Committee will contact Sherborn COA and get more information on the Friends.
- **Elder Affairs COA Training in Medfield.** J. Walsh suggested that members of the Dover COA Board take one of the ideas put forth by the Elder Affairs Training and discuss at the next Board meeting.

New Business:

- **Guest speaker Ford Spalding,** Chair, Dover Community Center Building Committee, spoke to Board of the necessary repair work that has to be done to make the Caryl Building safe and bring it up to code. The work that has to be done on the rafters is critical and cannot be put off. Discussion was held on utilizing the Caryl School in whole or in part as a Community Center and how the COA would be part of the Community Center. F. Spalding urged all of the seniors to be sure to go to town meeting and vote on Article 11. He is also to be the speaker at the April luncheon next week to share an update with the seniors.
- **BayPath Grants for 2010:** J. Claypoole reported that Letter of Intent is due tomorrow for BayPath Grants. Dover COA will reapply for funds for Yoga/fitness program, utilizing \$1,000 from gift fund to supplement program. COA will also apply as part of a consortium with nearby COAs for grant to provide classes on nutrition. BayPath reported that needs assessment survey indicated two top priorities are fitness and transportation.
- **Senior representation at meetings.** Discussion was held regarding seniors attending Town committee meetings to keep COA and seniors updated. B. Hagan suggested that Town Administrator could report back to the board on what is happening with town committees.

- The COA Board needs one new member to replace Paul Campanis who resigned last month. Having 2 associate members who could move up to full board members was discussed. A Board member does not have to be a senior.
- B. Murphy shared several items that can help seniors in an emergency and that could be given to volunteers.
- A visit is being scheduled for Board members to visit the Medway Senior Center to review their programs, per recommendation from Board Training. Site visit scheduled for 5/6, departing Town Hall at 10:30AM. B. Murphy will set up visit.
- B. Murphy also discussed need for increased publicity of COA, including placing signage on Town Common or in front of Caryl School announcing events.

Ongoing Business

- **Travel Committee:** Planning a trip to the Adams Homestead, Quincy, in June. Tall Ships is scheduled for July with Sherborn.
- **Director's Report:**
 - Formula Grant alert has been distributed regarding 2010 budgets. Currently budget is set for \$7/elder, but COAs must prepare 3 budgets at \$6.00, \$6.50, and \$7.00 per elder in preparation for cuts.
 - Director is updating the COA website. Board members J. Walsh, B. Murphy, and B. Hagan will review content.
 - April Luncheon is next week with Ford Spalding and May luncheon features Ruth Harcovitz, singer, funded by Cultural Council grant.
 - Lights in COA room at Caryl School are being repaired.
 - Orientations for Fitness Room at Police Dept are being scheduled for seniors as needed.
 - Reminder that Library now has passes to Gardner museum and most of the local museums.

Meeting adjourned at 1:15PM. Motion; R. Walenduk, second; E. Bouldry. Motion passed unanimously.

Respectfully submitted;

Jeanne Gavrilles
Acting Secretary