

Council on Aging Board Meeting Minutes
Tuesday, October 6, 2009

PRESENT: A. Baranick, E. Bouldry, J. Gavrilles, B. Hagan, J. Hemstreet, P. McChesney, B. Murphy, J. Walsh, L. Theodos
ABSENT: R. Walenduk
STAFF: J. Claypoole
GUEST: C. Haddleton

Meeting called to order at 11:00 AM.

Minutes of September meeting read and motion to accept made by J. Walsh and seconded by P. McChesney. The motion passed unanimously.

The Treasurer's report was distributed and reviewed by A. Baranick. Donations were reviewed and noted as income, which is deposited and reported to Town Accountant. Motion by J. Walsh to accept report; seconded by J. Gavrilles. Motion passed unanimously.

Old Business:

- **Building Committee Report:** J. Hemstreet and B. Murphy attended the Building Committee Meeting with the Architect and Ford Spalding regarding location of gym at the Caryl Community Center. Discussion was held by Board regarding the COA's use of Caryl Building and other possible sites. L. Theodos will research other options for COA.
- **Friends of the COA:** J. Walsh reported that a discussion will take place today after the Board meeting to review paperwork for the Friends of the COA group.
- **Update on Grants:** J. Claypoole reported that the Formula Grant for FY2010 remains at \$6,188, yet is vulnerable to potential 9C budget cuts this fiscal year. The FY2010 BayPath Elder Services Grant for Gentle Yoga began in October and runs through September 2010. A grant was also received from BayPath Elder Services for \$450 to fund the Medication seminar held in September.
- **Director's office ceiling leak:** Ceiling hole has been patched and plastered and will be painted soon. Area has not leaked again. Carpet will be replaced in office this Friday October 9th.

New Business:

- **Property Tax Work-Off Program:** The request for the Selectmen to approve increasing the abatement limit to \$1,000, per the new law as of July 2009, will be considered at the October 15th Board of Selectmen's Meeting. Applications for Senior Workers are due October 15th, and applications from Departments requesting workers are due October 19th. A review subcommittee was formed of J. Walsh, L. Theodos, and R. Walenduk.

Ongoing Business:

- **Chairperson:** B. Hagan stated she had heard Walking Group was no longer meeting. J. Claypoole will follow up with Walking Group Leader P. Mahoney to

verify if group still meets on Fridays. Discussion was held regarding need for Walking Group in Dover area to address physical and social needs of seniors. Board recommended that new leader be found if current one cannot continue.

- **Travel Committee:** J. Gavrilles reported that a trip to Concord is planned for Friday, October 16th to visit The Orchard House and The Old Manse and have lunch at the Colonial Inn. The next trip scheduled is December 11th in collaboration with Sherborn COA to Boston Ballet's "The Nutcracker". The COAs will plan a joint trip to the Flower Show in Winter 2010.

Directors Report:

- Town Clerk announced new requirements for town employees and board members as they must complete an Ethics Exam online. Once process set up, Town Clerk will alert employees and boards.
- Dover Days was so rainy that COA did not set up their booth. Materials were distributed at Police Department's Child Safety Screening in the Great Hall.
- Bocce ball dates are set for play at Legion on Friday October 9th at 10am and Wednesday, October 14th at 1pm.
- This month's luncheon is October 13th with Board of Health speaking on Update on Seasonal Flu & H1N1 Flu.
- An orientation to use Fitness Equipment at Police Department is scheduled for Thursday, October 8th at 3pm.
- Flu Clinic is scheduled for Wednesday, Oct. 28th in Great Hall at 1pm.
- A listing of all events scheduled for October through December was distributed to Board Members with dates, times, and locations.

Other Items:

- B. Murphy stated the COA Bulletin Board is up with photos of seniors and COA events.
- B. Murphy reported that Medfield COA organized a trip to the Movies and suggested that Dover COA consider this activity.
- A. Baranick reported that she and B. Hagan attended the 100th Anniversary Dinner of the Walpole VNA.

Motion to adjourn the meeting was made at 12:40PM by P. McChesney and seconded by J. Hemstreet. Motion passed unanimously

Respectfully submitted,

Lou Theodos
Acting Secretary